



All You Need is Love

Originally Discussed: February 2021

Description: What's love got to do with it? What is love? Is love important to a fulfilled life?

Estimated time: 80 minutes

(1) Getting acquainted and comfortable

5 - 10 min.

Welcome

- Thank you for coming...
- We are a part of The Great Reset, which was born out of a shift we're seeing in our country. We have been in a place where we don't tend to speak 'beyond our bubbles' and across perspectives. The Great Reset has been opening up a grey space for such conversations since 2018. You are now part of keeping the conversation going and we thank you.

The Pillars of The Great Reset

- To share our own thoughts and perspectives with humility
- To learn from others and listen with respect

Ground Rules

- Every comment is valid and deserving of respect
- We show respect by speaking one at a time, putting our phones on silent and staying engaged, even when we are not speaking
- In the interest of time, I may cut in to ask you to 'top-line' something if we need to move on. This means simply offer up a synopsis of your thoughts and speak in bullets, not paragraphs

Confidentiality

I would like a verbal from everyone that you are here of your own volition and out of respect for one another I would ask you to keep what others say in this room unless they give you permission otherwise. (go around and get verbal agreement). Further, you agree to adhere to the principles outlined already: to deliver your perspectives bound to the principles of respect, to **listen with humility and offer grace to others who are sharing this space.**

Personal Introductions

Please share your name, where you live, and your current relationship status.



*****Remember to ask to record and PRESS RECORD*****

(2) Favorite movie and song about love or romance

10 - 15 min.

- What is your favorite movie about love or romance?
- What is your favorite song about love or romance? Do you and your significant other have “our song,” and if yes, what is it?
- Can you recall any favorite romantic or pick-up line that you have said or heard someone say?

(3) Falling in love

20 - 25 min.

- Do you believe in love at first sight? Why or why not?
- Do you believe in soul mates? Why or why not?
- How do you know when you have fallen in love with someone?

(4) To love and be loved

20 - 25 min.

- Do you think it's easier to love someone or to be loved by someone, and why?
- What are signals or signs that you love someone too much or that you're loved by someone too much?
- Will you share a moment or occasion that stands above all others when you felt most deeply in love with someone?

(5) Closing comments

5 - 10 min.

- Do you have any additional comments or questions about love or romance?