



## Inequities in Healthcare

Originally Discussed: Q4 2020

Description: This is a conversation about inequities in healthcare. It was originally one piece of a three part series on Inequities: Healthcare, Housing and Education, however it can be a stand alone conversation. This guide will explore how race, social status, or other factors may contribute to inequities.

Estimated time: 90 minutes

### (1) Getting acquainted and comfortable

5 - 10 min.

#### Welcome

- Thank you for coming...
- We are a part of The Great Reset, which was born out of a shift we're seeing in our country. We have been in a place where we don't tend to speak 'beyond our bubbles' and across perspectives. The Great Reset has been opening up a grey space for such conversations since 2018. You are now part of keeping the conversation going and we thank you.

#### The Pillars of The Great Reset

- To share our own thoughts and perspectives with humility
- To learn from others and listen with respect

#### Ground Rules

- Every comment is valid and deserving of respect
- We show respect by speaking one at a time, putting our phones on silent and staying engaged, even when we are not speaking
- In the interest of time, I may cut in to ask you to 'top-line' something if we need to move on. This means simply offer up a synopsis of your thoughts and speak in bullets, not paragraphs

#### Confidentiality

I would like a verbal from everyone that you are here of your own volition and out of respect for one another I would ask you to keep what others say in this room unless they give you permission otherwise. (go around and get verbal agreement). Further, you agree to adhere to the principles outlined already: to deliver your perspectives bound to the principles of respect, to **listen with humility and offer grace to others who are sharing this space**.

#### Personal Introductions

Please share your name, where you live, and something about you we couldn't google, or your favorite food, a show you binge watch, etc.).

**\*\*\*Remember to ask to record and PRESS RECORD\*\*\***

## **(2) Healthcare in America**

**20 - 25 min.**

- Do you believe all patients are treated equally in healthcare settings in America?  
Source: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1924616/>
- Is there racism in healthcare settings in America, give some examples?  
Source: <https://www.journalofhospitalmedicine.com/jhospmed/article/224391/hospital-medicine/truth-tension-reflections-racism-medicine>
- Are there other populations that are marginalized in our healthcare system?  
(I.e. Veterans, LGBTQ, Native Americans, Low-income, Asian-American, Homeless, etc)
- How do you think America is performing regarding healthcare policy?
  - Locally
  - Nationally
  - Globally

## **(3) Where do we go from here?**

**20 - 25 min.**

- What changes need to be made in our healthcare settings/system? What are the next steps?
- Who are the local players that might have an impact?
- Do you consider this an issue to be discussed on a national level? Why? Why not?
  - If so, what can we, as a group, do to elevate this point in our national discourse?
- Is there anyone on the global stage that we might look to for examples of how to get it right? Not perfect, but better...?

## **(4) Alliances**

**15 - 20 min.**

- What **alliances** might help in moving this forward, based on our conversation today?
  - What would an "ally" look like in this area?
  - How would you feel if you were asked to collaborate with ....?
  - What would you be excited about? What, if anything, makes you hesitant?

## **(5) Closing Comments**

**5 - 10 min.**

- Do you have any additional comments or questions about this topic?

**\*\*Note this conversation was one of a three part Series on Inequities. The other two guides from The Series are Inequities in Healthcare and Inequities in Housing.**

Survey Link: <https://forms.gle/5DEMsm7NKsX4j9mMA>