



Gender Identity

2023

Description: Gender identity: How does our expectation of gender affect our reality, how we navigate the world and how others perceive us?

Estimated time: 1.25 hours

(1) Getting acquainted and comfortable

5 - 10 min.

Welcome

- Thank you for coming...
- We are a part of The Great Reset, which was born out of a shift we're seeing in our country. We have been in a place where we don't tend to speak 'beyond our bubbles' and across perspectives. The Great Reset has been opening up a grey space for such conversations since 2018. You are now part of keeping the conversation going and we thank you.

The Pillars of The Great Reset

- To share our own thoughts and perspectives with humility
- To learn from others and listen with respect

Ground Rules

- Every comment is valid and deserving of respect
- We show respect by speaking one at a time, putting our phones on silent and staying engaged, even when we are not speaking
- In the interest of time, I may cut in to ask you to 'top-line' something if we need to move on. This means simply offer up a synopsis of your thoughts and speak in bullets, not paragraphs
- We don't share outside this space unless specifically given approval. No recording, no sharing names and no sharing of comments unless sign off is given.

Confidentiality

I would like a verbal from everyone that you are here of your own volition and out of respect for one another I would ask you to keep what others say in this room unless they give you permission otherwise. (go around and get verbal agreement). Further, you agree to adhere to the principles outlined already: to deliver your perspectives bound to the principles of respect, to **listen with humility and offer grace to others who are sharing this space.**

*****Remind everyone we're recording but we won't use any clips without their approval*****



Personal Introductions

Please share your name, where you live, and what is your earliest recollection of a toy you had, and what was it?

(2) Expectations and Reality

60 min.

- *In the opening we heard about people's earliest memory of a toy, let's elaborate on that now*
 - Tell us about your bedroom, or activities you participated in...what was your space when you were growing up?
- How does our youth inform us? Does the expectation of others (how our parents dressed us, or activities they put us in) affect who we believe ourselves to be: Our abilities and our future?
- Let's talk broadly about traits...
 - What are commonly seen as feminine traits?
 - What are commonly seen as masculine traits?
- How did you come to believe certain traits were masculine or feminine?
 - Is there a benefit to such classification?
- **(If people don't agree on what is feminine or masculine)** Why are we so caught up in male/female if we have determined that there is bit of a continuum. Not all feminine presents in the same way...and not all masculine in the same way, there is variation.
- When was the first time you thought 'I'm a boy, or I'm a girl, or I don't fit neatly into either?' How did that affect how others treated you or the opportunities you were given?
 - Did you tend to do certain things vs. others, did others assume certain things for you?
- What are your key characteristics that you believe others, who are not your gender, assume you to have?
- Pretend for a moment you're explaining you to someone from another planet...how would you explain you, or more broadly your gender, to another?

(3) Closing comments

5 min.

- How do you suggest we become a more inclusive and/or accepting of a society?



Resources:

https://geneticliteracyproject.org/2019/02/20/is-gender-identity-fluid-or-fixed-what-we-know-about-other-animals-might-help-inform-the-debate/?gclid=CjwKCAjw-rOaBhA9EiwAUkLV4gEVde8VW3T2CoWmH0n7_S05yzpbmUcbbHfIVBo8qNDs3lyauX44FRoCQA0QAvD_BwE

<https://news.gallup.com/poll/389792/lgbt-identification-ticks-up.aspx>

<https://www.genome.gov/about-genomics/fact-sheets/Y-Chromosome-facts#:~:text=Typically%2C%20biologically%20male%20individuals%20have,female%20have%20two%20X%20chromosomes.>

<https://novonordiskfonden.dk/en/news/more-women-than-expected-are-genetically-men/>

<https://www.dcpofficial.com/post/what-is-sexual-orientation-how-is-it-different-from-gender-identity>

<https://www.accordalliance.org/faqs/what-are-the-differences-between-sex-gender-and-sexual-orientation/>