



Family Planning and Reproductive Rights

Discussion Guide

Q3 2024

Description: This conversation will explore the ways we can discuss reproductive choices, contraceptive options, and the role of society in supporting family planning and providing access to various reproductive health services.

Estimated time: 1.5 hours

(1) Getting acquainted and comfortable

5 - 10 min.

Welcome

- Thank you for coming...
- We are a part of The Great Reset, which was born out of a shift we're seeing in our country. We have been in a place where we don't tend to speak 'beyond our bubbles' and across perspectives. The Great Reset has been opening up a grey space for such conversations since 2018. You are now part of keeping the conversation going and we thank you.

The Pillars of The Great Reset

- To share our own thoughts and perspectives with humility
- To learn from others and listen with respect

Ground Rules

- Every comment is valid and deserving of respect
- We show respect by speaking one at a time, putting our phones on silent and staying engaged, even when we are not speaking
- In the interest of time, I may cut in to ask you to 'top-line' something if we need to move on. This means simply offer up a synopsis of your thoughts and speak in bullets, not paragraphs

Confidentiality

I would like a verbal from everyone that you are here of your own volition and out of respect for one another I would ask you to keep what others say in this room unless they give you permission otherwise. (go around and get verbal agreement). Further, you agree to adhere to the principles outlined already: to deliver your perspectives bound to the principles of respect, to **listen with humility and offer grace to others who are sharing this space**.

CONSENT

If recording is being used (note what was shared on the pre-survey as to if they were okay being recorded, or not – if anyone was not the conversation will not be recorded) remind everyone that it is and if they change their mind we will respectfully not use their name or likeness in anyway.

Otherwise in being here and having agreed to being recorded we may use your words or likeness in social media or other posts as it is important to share people having respectful conversations. If they are not comfortable with that they can simply request their likeness not be used at this time.

Moderator's note: Remind everyone that this is 'traditionally' an emotionally charged topic and that having them here promising that we can have such difficult conversations. Remind everyone that we must respect everyone's opinions and not try to change them. Thank you for coming. Remind everyone to take a moment before responding and remember to use 'I'



Personal Introductions

Let's start by sharing your name, where you are, and do you feel that women are given ample support when it comes to their reproductive choices.

(2) What's in a name?

20 min.

It's difficult to have a conversation about something when we can't agree on the words used. Let's start by talking about what to name this conversation and why that name is most appropriate or acceptable in your eyes.

- What's in a 'name'? (and then ask the follow ups...)
 - When you hear the term reproductive rights, what does that mean and how do you feel?
 - When you hear the term family planning, what does that mean and how do you feel?
 - Is there a better term to encompass this?

(3) Your perspective

20 min.

- What personal experiences or beliefs shape your views on women's health and reproductive choices?
 - Try to use only 'I' statements when you discuss this but help us hear where you came to understand this topic and how your beliefs came into focus?
 - Family, health, class, your faith community, cultural, social media, etc.
- Whose final responsibility is it to choose their reproductive path?

(4) Conversation

20 min.

- Is it necessary to have conversations about women's health, contraception and reproduction?
 - Why?
- Who needs to be included in these conversations?
 - Men, women, healthcare providers, schools, faith communities, etc.
- What do those conversations 'look like' or how is this information best shared?
- How can we create a respectful dialogue, in our space with family or friends, around sensitive topics like contraception and abortion, where different perspectives are acknowledged and valued?

(5) Closing Comments

10-15 min.

- Share your feelings now that we've sat in the space of this conversation...good, bad, indifferent? Why?

Thank you for having this conversation, showing each other respect and giving grace



Survey link: TBD

Pre-survey questions: TBD

1. Men/fathers should be included in reproductive decisions.

Definitely yes Probably yes Not sure Probably no Definitely no

2. Are the terms Family Planning and Reproductive Rights the same thing?

Definitely yes Probably yes Not sure Probably no Definitely no

3. Women are the main decision factor when it comes to their reproductive health.

Definitely yes Probably yes Not sure Probably no Definitely no

4. Government has a role in discussions on Family Planning/Reproductive Rights.

Extremely open Somewhat open Not sure Not very open Not at all open

5. Tax dollars should support family planning.

Definitely yes Probably yes Not sure Probably no Definitely no

6. I am happy that Roe vs. Wade was overturned by SCOTUS.

Definitely yes Probably yes Not sure Probably no Definitely no